

COLD WEATHER - PRE-PLANNING CHECKLIST

This checklist can be used to develop a pre-plan for working in environments with cold temperatures and significant wind chill.

- Develop a list of cold weather supplies (portable heaters, shelters, warming packs, water, blankets, high-calorie nutrition bars, etc.). Estimate quantities needed and identify responsible persons to manage the acquisition, transportation, distribution, and maintenance of supply inventory.
- Create emergency action plan for cold-related illness (who will provide first aid and emergency services)
- Develop and acclimation schedule for new workers or workers returning from absences longer than one week
- Identify methods of gaining real-time access to important weather forecast and advisory information from the National Weather Service.
- Determine how weather information will be used to modify work schedules, provide water, and warming breaks, or to cease work activity, as necessary.
- Train workers on the risks associated with working in cold temperatures, how to identify cold-related illnesses, and steps that will be implemented to reduce exposure risk.
- Ensure a knowledgeable person is available at each work site who can develop and enforce work and rest schedules, and conduct physiological monitoring during periods of cold and very high/severe/extreme risk levels for cold-related illness.
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This checklist is part of the FCA Safety Manual, which is available to all signatory contractors through their FCA membership. If your company has not yet done so, [click here to request your safety manual](#).